



ROLL NO

PUNJAB PUBLIC SERVICE COMMISSION
COMBINED COMPETITIVE EXAMINATION
FOR RECRUITMENT TO THE POSTS OF
PROVINCIAL MANAGEMENT SERVICE, ETC -2023
CASE NO. 1C2024

SUBJECT: PSYCHOLOGY (PAPER-I)

TIME ALLOWED: THREE HOURS

MAXIMUM MARKS: 100

NOTE:

- i. All the parts (if any) of each Question must be attempted at one place instead of at different places.
- ii. Write Q. No. in the Answer Book in accordance with Q. No. in the Q. Paper.
- iii. No Page/Space be left blank between the answers. All the blank pages of Answer Book must be crossed.
- iv. Extra attempt of any question or any part of the question will not be considered.

NOTE: Attempt any FIVE Questions in all. Attempt in Urdu or English.

- Q.No.1** Explain the modern developments in psychology. **(20 Marks)**
- Q.No.2** What is visual illusion? Discuss different types of optical illusions. What is the role of emotions and motives that influence our perception? **(20 Marks)**
- Q.No.3** Define observational learning. Also describe the role of modeling in our daily life activities with reference to pro-social and anti-social modeling. **(20 Marks)**
- Q.No.4** Define Endocrine system. Discuss major endocrine glands and how they are important to our psychological lives. **(20 Marks)**
- Q.No.5** "The child is an active learner" is the assumption of Piagetian theory of Cognitive Development. Discuss the theory with reference to this assumption. **(20 Marks)**
- Q.No.6** Discuss primary and secondary motives. How Maslow's theory of motivation (at each stage) can be applied in everyday life to motivate people at different levels? **(20 Marks)**
- Q.No.7** Define emotions. Discuss biological and psychological changes during emotion of love and fear. **(20 Marks)**
- Q.No.8** Discuss variability in human beings. Also illuminate the characteristics of a gifted child with methods of improving these characteristics. **(20 Marks)**
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SUBJECT: PSYCHOLOGY (PAPER-II)

TIME ALLOWED: THREE HOURS

MAXIMUM MARKS: 100

NOTE:

- i. All the parts (if any) of each Question must be attempted at one place instead of at different places.
- ii. Write Q. No. in the Answer Book in accordance with Q. No. in the Q. Paper.
- iii. No Page/Space be left blank between the answers. All the blank pages of Answer Book must be crossed.
- iv. Extra attempt of any question or any part of the question will not be considered.

NOTE: Attempt any FIVE Questions in all. Attempt in Urdu or English.

- Q.No.1** There are many stressors people face every day. Identify which type of stressor you are struggling with nowadays and the factors that moderate the effect of stress. **(20 Marks)**
- Q.No.2** Humanistic School of Thought is a reaction to Behavior School of Thought. Discuss. **(20 Marks)**
- Q.No.3** What are anxiety disorders? Explain its different types and causes. **(20 Marks)**
- Q.No.4** Differentiate between Hostile and Instrumental aggression. What are the possible techniques for reducing aggressive behavior? Give examples. **(20 Marks)**
- Q.No.5** Psychologists use case studies to study individuals. Clarify the meaning of the case study. How confidentiality is maintained when reporting a case study? What techniques are used to gather information in case studies? **(20 Marks)**
- Q.No.6** Ethical issues in the conduct of psychological research are very important. Discuss major ethical standards in the practice of Psychology. **(20 Marks)**
- Q.No.7** Discuss the psychology of conflict and peace. **(20 Marks)**
- Q.No.8** What is Psychotherapy? Explain different goals of Psychotherapy. **(20 Marks)**